

Main Criteria: Minnesota Academic Standards

Secondary Criteria: Rising Star Studios

Subjects: Health and PE, Language Arts, Social Studies, Social and Emotional Learning

Grades: 5, 6

Correlation Options: Show Correlated

Minnesota Academic Standards

Health and PE

Grade: 5 - Adopted: 2015

CONTENT STANDARD / DOMAIN		National Health Education Standards
PERFORMANCE INDICATOR / DOMAIN COMPONENT	Standard 5.	Students will demonstrate the ability to use decision-making skills to enhance health.
INDICATORS OF PROGRESS / STRAND		Performance Indicators
INDICATORS OF PROGRESS	5.5.2.	Analyze when assistance is needed in making a health-related decision. <u>Rising Star Studios</u> Helpfulness Independence
CONTENT STANDARD / DOMAIN		National Health Education Standards
PERFORMANCE INDICATOR / DOMAIN COMPONENT	Standard 7.	Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
INDICATORS OF PROGRESS / STRAND		Performance Indicators
INDICATORS OF PROGRESS	7.5.1.	Identify responsible personal health behaviors. <u>Rising Star Studios</u> Obedience
INDICATORS OF PROGRESS	7.5.3.	Demonstrate a variety of behaviors to avoid or reduce health risks. <u>Rising Star Studios</u> Obedience

Grade: 5 - Adopted: 2018

CONTENT STANDARD / DOMAIN		Minnesota Physical Education Standards
PERFORMANCE INDICATOR / DOMAIN COMPONENT	MN.PE.5.4.	Exhibit responsible personal and social behavior that respects self and others.
INDICATORS OF PROGRESS / STRAND	PE.5.4.1.	Personal Responsibility
INDICATORS OF PROGRESS	5.4.1.1.	Engage in physical activity while demonstrating responsible interpersonal behavior. For example: peer to peer, student to teacher, student to referee. <u>Rising Star Studios</u> Dependable Responsibility Self-Reliance Sportsmanship
CONTENT STANDARD / DOMAIN		Minnesota Physical Education Standards

PERFORMANCE INDICATOR / DOMAIN COMPONENT	MN.PE.5.4.	Exhibit responsible personal and social behavior that respects self and others.
INDICATORS OF PROGRESS / STRAND	PE.5.4.3.	Working with others
INDICATORS OF PROGRESS	5.4.3.1.	Work cooperatively and respectfully with classmates of all skill levels in small or large group activities. <u>Rising Star Studios</u> Cooperation
CONTENT STANDARD / DOMAIN		Minnesota Physical Education Standards
PERFORMANCE INDICATOR / DOMAIN COMPONENT	MN.PE.5.4.	Exhibit responsible personal and social behavior that respects self and others.
INDICATORS OF PROGRESS / STRAND	PE.5.4.4.	Rules and etiquette
INDICATORS OF PROGRESS	5.4.4.1.	Follow rules and etiquette in small-sided games, educational dance, and educational gymnastics. <u>Rising Star Studios</u> Fairness Obedience Sportsmanship
CONTENT STANDARD / DOMAIN		Minnesota Physical Education Standards
PERFORMANCE INDICATOR / DOMAIN COMPONENT	MN.PE.5.4.	Exhibit responsible personal and social behavior that respects self and others.
INDICATORS OF PROGRESS / STRAND	PE.5.4.5.	Safety
INDICATORS OF PROGRESS	5.4.5.1.	Move safely in small-sided games, educational dance, and educational gymnastics. <u>Rising Star Studios</u> Obedience
CONTENT STANDARD / DOMAIN		Minnesota Physical Education Standards
PERFORMANCE INDICATOR / DOMAIN COMPONENT	MN.PE.5.5.	Recognize the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.
INDICATORS OF PROGRESS / STRAND	PE.5.5.2.	Challenge
INDICATORS OF PROGRESS	5.5.2.1.	Analyze physical activities based on personal levels of challenge and identify ways to overcome challenges to enhance enjoyment, confidence, and willingness to participate. <u>Rising Star Studios</u> Self-Reliance

Minnesota Academic Standards

Language Arts

Grade: 5 - Adopted: 2010

CONTENT STANDARD / DOMAIN	MN.5.1.	Reading Benchmarks: Literature K-5
PERFORMANCE INDICATOR /		Key Ideas and Details

DOMAIN COMPONENT		
INDICATORS OF PROGRESS / STRAND	5.1.2.2.	Determine a theme of a story, drama, or poem from details in the text, including how characters in a story or drama respond to challenges or how the speaker in a poem reflects upon a topic; summarize the text. <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
CONTENT STANDARD / DOMAIN	MN.5.1.	Reading Benchmarks: Literature K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Integration of Knowledge and Ideas
INDICATORS OF PROGRESS / STRAND	5.1.9.9.	Compare and contrast stories in the same genre (e.g., mysteries and adventure stories) on their approaches to similar themes and topics. <u>Rising Star Studios</u> Helpfulness
CONTENT STANDARD / DOMAIN	MN.5.1.	Reading Benchmarks: Literature K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Range of Reading and Level of Text Complexity
INDICATORS OF PROGRESS / STRAND	5.1.10.10	By the end of the year, read and comprehend literature and other texts including stories, dramas, and poetry at the high end of the grades 4-5 text complexity band proficiently and independently.
INDICATORS OF PROGRESS	5.1.10.10 .a.	Self -select texts for personal enjoyment, interest, and academic tasks. <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
CONTENT STANDARD / DOMAIN	MN.5.2.	Reading Benchmarks: Informational Text K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Key Ideas and Details
INDICATORS OF PROGRESS / STRAND	5.2.2.2.	Determine two or more main ideas of a text and explain how they are supported by key details; summarize the text. <u>Rising Star Studios</u> Confidence Fairness
CONTENT STANDARD / DOMAIN	MN.5.2.	Reading Benchmarks: Informational Text K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Integration of Knowledge and Ideas
INDICATORS OF PROGRESS / STRAND	5.2.7.7.	Draw on information from multiple print or digital sources, demonstrating the ability to locate an answer to a question quickly or to solve a problem efficiently. <u>Rising Star Studios</u> Confidence Imaginative Resourcefulness
INDICATORS OF PROGRESS / STRAND	5.2.8.8.	Explain how an author uses reasons and evidence to support particular points in a text, identifying which reasons and evidence support which point(s). <u>Rising Star Studios</u> Confidence

		Fairness
CONTENT STANDARD / DOMAIN	MN.5.2.	Reading Benchmarks: Informational Text K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Range of Reading and Level of Text Complexity
INDICATORS OF PROGRESS / STRAND	5.2.10.10	By the end of the year, read and comprehend informational texts, including history/social studies, science, and technical texts, at the high end of the grades 4-5 text complexity band independently and proficiently.
INDICATORS OF PROGRESS	5.2.10.10 .a.	Self-select texts for personal enjoyment, interest, and academic tasks. <u>Rising Star Studios</u> Confidence Fairness
CONTENT STANDARD / DOMAIN	MN.5.3.	Reading Benchmarks: Foundational Skills K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Fluency
INDICATORS OF PROGRESS / STRAND	5.3.0.4.	Read with sufficient accuracy and fluency to support comprehension.
INDICATORS OF PROGRESS	5.RF.4.a.	Read on-level text with purpose and understanding. <u>Rising Star Studios</u> Confidence Fairness Helpfulness Initiative Perseverance
CONTENT STANDARD / DOMAIN	MN.5.6.	Writing Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Text Types and Purposes
INDICATORS OF PROGRESS / STRAND	5.6.1.1.	Write opinion pieces on topics or texts, supporting a point of view with reasons and information.
INDICATORS OF PROGRESS	5.6.1.1.a.	Introduce a topic or text clearly, state an opinion, and create an organizational structure in which ideas are logically grouped to support the writer's purpose. <u>Rising Star Studios</u> Punctuality
INDICATORS OF PROGRESS	5.6.1.1.b.	Provide logically ordered reasons that are supported by facts and details. <u>Rising Star Studios</u> Punctuality
INDICATORS OF PROGRESS	5.6.1.1.c.	Link opinion and reasons using words, phrases, and clauses (e.g., consequently, specifically). <u>Rising Star Studios</u> Punctuality
CONTENT STANDARD / DOMAIN	MN.5.6.	Writing Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Text Types and Purposes
INDICATORS OF PROGRESS / STRAND	5.6.2.2.	Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
INDICATORS OF PROGRESS	5.6.2.2.a.	Introduce a topic clearly, provide a general observation and focus, and group

PROGRESS		<p>related information logically; include formatting (e.g., headings), illustrations, and multimedia when useful to aiding comprehension.</p> <p><u>Rising Star Studios</u> Cooperation Courtesy Friendship Heroic Self-Discipline Selflessness Sportsmanship Trustworthiness</p>
INDICATORS OF PROGRESS	5.6.2.2.b.	<p>Develop the topic with facts, definitions, concrete details, quotations, or other information and examples related to the topic.</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Consideration Cooperation Courage Courtesy Enthusiasm Fairness Friendliness Friendship Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Peacefulness Self-Acceptance Self-Discipline Selflessness Trustworthiness Uniqueness Willpower</p>
CONTENT STANDARD / DOMAIN	MN.5.6.	Writing Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Text Types and Purposes
INDICATORS OF PROGRESS / STRAND	5.6.3.3.	Write narratives and other creative texts to develop real or imagined experiences or events using effective technique, descriptive details, and clear event sequences.
INDICATORS OF PROGRESS	5.6.3.3.a.	<p>Orient the reader by establishing a situation and introducing a narrator and/or characters; organize an event sequence that unfolds naturally.</p> <p><u>Rising Star Studios</u> Bravery Cleanliness Confidence Courage Dignity Discovering Talent Forgiveness Goodness Gratefulness Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint</p>

		<p>Self-Control Self-Reliance Sharing Tolerance Truthfulness Uniqueness</p>
INDICATORS OF PROGRESS	5.6.3.3.b.	<p>Use literary and narrative techniques, such as dialogue, description, and pacing, to develop experiences and events or show the responses of characters to situations.</p> <p><u>Rising Star Studios</u> Bravery Cleanliness Confidence Courage Dignity Discovering Talent Forgiveness Goodness Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Control Self-Reliance Sharing Tolerance Truthfulness Uniqueness</p>
INDICATORS OF PROGRESS	5.6.3.3.e.	<p>Provide a conclusion (when appropriate to the genre) that follows from the narrated experiences or events.</p> <p><u>Rising Star Studios</u> Bravery Cleanliness Confidence Courage Dignity Discovering Talent Forgiveness Goodness Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Control Self-Reliance Sharing Tolerance Truthfulness Uniqueness</p>
CONTENT STANDARD / DOMAIN	MN.5.6.	Writing Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Production and Distribution of Writing
INDICATORS OF PROGRESS /	5.6.4.4.	Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience. (Grade-specific expectations

STRAND		<p>for writing types are defined in standards 1-3 above.)</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Confidence Consideration Cooperation Courage Courtesy Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Integrity Kindness Loyalty Obedience Patience Peacefulness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>
CONTENT STANDARD / DOMAIN	MN.5.6.	Writing Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Research to Build and Present Knowledge
INDICATORS OF PROGRESS / STRAND	5.6.7.7.	<p>Conduct short research projects that use several sources to build knowledge through investigation of different aspects of a topic.</p> <p><u>Rising Star Studios</u> Caring Determination</p>
INDICATORS OF PROGRESS / STRAND	5.6.8.8.	<p>Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work, and provide a list of sources.</p> <p><u>Rising Star Studios</u> Confidence</p>
CONTENT STANDARD /	MN.5.6.	Writing Benchmarks K-5

DOMAIN		
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Research to Build and Present Knowledge
INDICATORS OF PROGRESS / STRAND	5.6.9.9.	Draw evidence from literary or informational texts to support analysis, reflection, and research.
INDICATORS OF PROGRESS	5.W.9.a.	Apply grade 5 reading standards to literature (e.g., "Compare and contrast two or more characters, settings, or events in a story or a drama, drawing on specific details in the text [e.g., how characters interact]"). <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
INDICATORS OF PROGRESS	5.W.9.b.	Apply grade 5 reading standards to informational texts (e.g., "Explain how an author uses reasons and evidence to support particular points in a text, identifying which reasons and evidence support which point[s]"). <u>Rising Star Studios</u> Confidence Fairness
CONTENT STANDARD / DOMAIN	MN.5.6.	Writing Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Range of Writing
INDICATORS OF PROGRESS / STRAND	5.6.10.10	Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of discipline-specific tasks, purposes, and audiences.
INDICATORS OF PROGRESS	5.6.10.10.a.	Independently select writing topics and formats for personal enjoyment, interest, and academic tasks. <u>Rising Star Studios</u> Bravery Cleanliness Confidence Consideration Courage Courtesy Dignity Discovering Talent Forgiveness Generosity Goodness Gratefulness Initiative Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Reliance Sharing Thankfulness Tolerance Truthfulness Uniqueness
CONTENT STANDARD / DOMAIN	MN.5.8.	Speaking, Viewing, Listening and Media Literacy Benchmarks K-5

PERFORMANCE INDICATOR / DOMAIN COMPONENT		Comprehension and Collaboration
INDICATORS OF PROGRESS / STRAND	5.8.1.1.	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.
INDICATORS OF PROGRESS	5.8.1.1.a.	<p>Come to discussions prepared, having read or studied required material; explicitly draw on that preparation and other information known about the topic to explore ideas under discussion.</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>
INDICATORS OF PROGRESS	5.8.1.1.b.	Follow agreed-upon rules for discussions and carry out assigned roles.

Rising Star Studios

Bravery
Caring
Citizenship
Cleanliness
Commitment
Confidence
Consideration
Cooperation
Courage
Courtesy
Decency
Dependable
Determination
Dignity
Discovering Talent
Enthusiasm
Fairness
Forgiveness
Friendliness
Friendship
Generosity
Goodness
Goodwill
Gratefulness
Helpfulness
Heroic
Honesty
Hygiene
Imaginative
Independence
Initiative
Integrity
Joyfulness
Kindness
Loyalty
Obedience
Patience
Patriotism
Peacefulness
Perseverance
Politeness
Promptness
Punctuality
Ready
Resourcefulness
Respect
Responsibility
Restraint
Self-Acceptance
Self-Control
Self-Discipline
Self-Reliance
Selflessness
Sharing
Slow To Judge
Sportsmanship
Thankfulness
Tolerance
Trustworthiness
Truthfulness
Uniqueness
Willpower
Wisdom

INDICATORS OF PROGRESS

5.8.1.1.c.

Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others.

Rising Star Studios

Bravery
Caring
Citizenship
Cleanliness
Commitment
Confidence
Consideration
Cooperation
Courage
Courtesy

Decency
 Dependable
 Determination
 Dignity
 Discovering Talent
 Enthusiasm
 Fairness
 Forgiveness
 Friendliness
 Friendship
 Generosity
 Goodness
 Goodwill
 Gratefulness
 Helpfulness
 Heroic
 Honesty
 Hygiene
 Imaginative
 Independence
 Initiative
 Integrity
 Joyfulness
 Kindness
 Loyalty
 Obedience
 Patience
 Patriotism
 Peacefulness
 Perseverance
 Politeness
 Promptness
 Punctuality
 Ready
 Resourcefulness
 Respect
 Responsibility
 Restraint
 Self-Acceptance
 Self-Control
 Self-Discipline
 Self-Reliance
 Selflessness
 Sharing
 Slow To Judge
 Sportsmanship
 Thankfulness
 Tolerance
 Trustworthiness
 Truthfulness
 Uniqueness
 Willpower
 Wisdom

**INDICATORS OF
 PROGRESS**

5.8.1.1.d.

Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.

Rising Star Studios

Bravery
 Caring
 Citizenship
 Cleanliness
 Commitment
 Confidence
 Consideration
 Cooperation
 Courage
 Courtesy
 Decency
 Dependable
 Determination
 Dignity
 Discovering Talent
 Enthusiasm
 Fairness
 Forgiveness
 Friendliness
 Friendship
 Generosity

		<p> Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom </p>
CONTENT STANDARD / DOMAIN	MN.5.8.	Speaking, Viewing, Listening and Media Literacy Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Comprehension and Collaboration
INDICATORS OF PROGRESS / STRAND	5.8.2.2.	<p>Summarize a written text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally.</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness</p>

		<p> Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom </p>
<p>INDICATORS OF PROGRESS / STRAND</p>	<p>5.8.3.3.</p>	<p> Summarize the points a speaker makes and explain how each claim is supported by reasons and evidence distinguishing between a speaker's opinions and verifiable facts. </p> <p><u>Rising Star Studios</u></p> <p> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness </p>

		Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
CONTENT STANDARD / DOMAIN	MN.5.8.	Speaking, Viewing, Listening and Media Literacy Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Presentation of Knowledge and Ideas
INDICATORS OF PROGRESS / STRAND	5.8.4.4.	Report on a topic or text or present an opinion, sequencing ideas logically and using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace. <u>Rising Star Studios</u> Friendship Sharing Thankfulness
INDICATORS OF PROGRESS / STRAND	5.8.6.6.	Adapt speech to a variety of contexts and tasks, using formal English when appropriate to task and situation. <u>Rising Star Studios</u> Friendship
CONTENT STANDARD / DOMAIN	MN.5.8.	Speaking, Viewing, Listening and Media Literacy Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Media Literacy
INDICATORS OF PROGRESS / STRAND	5.8.7.7.	Distinguish among, understand, and use different types of print, digital, and multimodal media.
INDICATORS OF PROGRESS	5.8.7.7.a.	Make informed judgments about messages promoted in the mass media (e.g., film, television, radio, magazines, advertisements, newspapers). <u>Rising Star Studios</u> Willpower
INDICATORS OF PROGRESS	5.8.7.7.b.	Locate and use information in print, non-print, and digital resources using a variety of strategies. <u>Rising Star Studios</u> Confidence
INDICATORS OF PROGRESS	5.8.7.7.c.	Evaluate the accuracy and credibility of information found in digital sources. <u>Rising Star Studios</u> Willpower

CONTENT STANDARD / DOMAIN	MN.5.10.	Language Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Conventions of Standard English
INDICATORS OF PROGRESS / STRAND	5.10.2.2.	Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.
INDICATORS OF PROGRESS	5.10.2.2. e.	Spell grade-appropriate words correctly, consulting references as needed. <u>Rising Star Studios</u> Bravery Cleanliness Confidence Consideration Courage Courtesy Dependable Dignity Discovering Talent Forgiveness Friendship Generosity Goodness Gratefulness Heroic Initiative Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness
CONTENT STANDARD / DOMAIN	MN.5.10.	Language Benchmarks K-5
PERFORMANCE INDICATOR / DOMAIN COMPONENT		Vocabulary Acquisition and Use
INDICATORS OF PROGRESS / STRAND	5.10.6.6.	Acquire and use accurately grade-appropriate general academic and domain-specific words and phrases, including those that signal contrast, addition, and other logical relationships (e.g., however, although, nevertheless, similarly, moreover, in addition). <u>Rising Star Studios</u> Helpfulness Initiative Perseverance

Minnesota Academic Standards
Social and Emotional Learning
Grade: 5 - Adopted: 2017

CONTENT	MN.SEL.	Relationship Skills Competency
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STANDARD / DOMAIN	RS.	
PERFORMANCE INDICATOR / DOMAIN COMPONENT	RS.2.	Learning Goal 2: Cultivates constructive relationships with others.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	RS.2.1.	Recognize the difference between positive and negative relationships and identify behaviors that contribute to each. <u>Rising Star Studios</u> Friendship
INDICATORS OF PROGRESS	RS.2.2.	Recognize the value of friendships with a variety of individuals. <u>Rising Star Studios</u> Selflessness
CONTENT STANDARD / DOMAIN	MN.SEL. RS.	Relationship Skills Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	RS.3.	Learning Goal 3: Identifies and demonstrates approaches to addressing interpersonal conflict.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	RS.3.2.	Demonstrate the ability to state the problem from multiple perspectives. <u>Rising Star Studios</u> Consideration Wisdom
INDICATORS OF PROGRESS	RS.3.5.	Understand differences between our intent and the impact of our actions/words. <u>Rising Star Studios</u> Consideration
CONTENT STANDARD / DOMAIN	MN.SEL. S-A.	Self-Awareness Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	S-A.1.	Learning Goal 1: Demonstrates an awareness and understanding of own emotions.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	S-A.1.3.	Recognize the connection between their thoughts, emotions, and behaviors. <u>Rising Star Studios</u> Consideration
CONTENT STANDARD / DOMAIN	MN.SEL. S-A.	Self-Awareness Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	S-A.2.	Learning Goal 2: Demonstrates awareness of personal strengths, challenges, aspirations and cultural, linguistic, and community assets.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	S-A.2.1.	Describe the personal strengths and assets they possess that make them successful members of their school and community. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness

Commitment
 Confidence
 Consideration
 Cooperation
 Courage
 Courtesy
 Decency
 Dependable
 Determination
 Dignity
 Discovering Talent
 Enthusiasm
 Fairness
 Forgiveness
 Friendliness
 Friendship
 Generosity
 Goodness
 Goodwill
 Gratefulness
 Helpfulness
 Heroic
 Honesty
 Hygiene
 Imaginative
 Independence
 Initiative
 Integrity
 Joyfulness
 Kindness
 Loyalty
 Obedience
 Patience
 Patriotism
 Peacefulness
 Perseverance
 Politeness
 Promptness
 Punctuality
 Ready
 Resourcefulness
 Respect
 Responsibility
 Restraint
 Self-Acceptance
 Self-Control
 Self-Discipline
 Self-Reliance
 Selflessness
 Sharing
 Slow To Judge
 Sportsmanship
 Thankfulness
 Tolerance
 Trustworthiness
 Truthfulness
 Uniqueness
 Willpower
 Wisdom

INDICATORS OF PROGRESS	S-A.2.2.	Identify and explore opportunities to develop skills and talents. <u>Rising Star Studios</u> Discovering Talent
CONTENT STANDARD / DOMAIN	MN.SEL. S-A.	Self-Awareness Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	S-A.3.	Learning Goal 3: Demonstrates awareness of personal rights and responsibilities.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	S-A.3.1.	Define their role in ensuring safety and respect for others. <u>Rising Star Studios</u>

		Dependable Responsibility
INDICATORS OF PROGRESS	S-A.3.2.	Accepting positive or negative consequences of their own choices and actions. <u>Rising Star Studios</u> Dependable Responsibility
INDICATORS OF PROGRESS	S-A.3.3.	Identify areas of personal responsibility. <u>Rising Star Studios</u> Dependable Responsibility
INDICATORS OF PROGRESS	S-A.3.4.	Explain the benefits of being responsible to self and others. <u>Rising Star Studios</u> Dependable Responsibility
CONTENT STANDARD / DOMAIN	MN.SEL. S-M.	Self-Management Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	S-M.1.	Learning Goal 1: Demonstrates the skills to manage and express one's emotions, thoughts, impulses and stress in constructive ways.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	S-M.1.1.	Use coping skills such as calming down, walking away, self-talk, seeking help or mediation to manage their emotions and behaviors. <u>Rising Star Studios</u> Self-Discipline
INDICATORS OF PROGRESS	S-M.1.3.	Understand causes and effects of their emotions, thoughts, impulses, stress and distress. <u>Rising Star Studios</u> Consideration
INDICATORS OF PROGRESS	S-M.1.4.	Adapt for and overcome obstacles by demonstrating perseverance. <u>Rising Star Studios</u> Determination Perseverance
CONTENT STANDARD / DOMAIN	MN.SEL. S-M.	Self-Management Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	S-M.2.	Learning Goal 2: Demonstrates the skills to set, monitor, adapt, achieve and evaluate goals.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	S-M.2.1.	Identify goals across multiple domains (e.g., academic, personal, and social). <u>Rising Star Studios</u> Determination Perseverance
INDICATORS OF PROGRESS	S-M.2.2.	Monitor progress toward goals across multiple domains. <u>Rising Star Studios</u> Determination Perseverance
INDICATORS OF PROGRESS	S-M.2.3.	Implement steps necessary to achieve their goals. <u>Rising Star Studios</u> Determination Perseverance
INDICATORS OF PROGRESS	S-M.2.4.	Identify internal and external resources necessary to overcome obstacles in meeting goals.

		<u>Rising Star Studios</u> Determination Perseverance
CONTENT STANDARD / DOMAIN	MN.SEL. SA.	Social Awareness Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	SA.1.	Learning Goal 1: Demonstrates awareness of and empathy for individuals, their emotions, experiences and perspectives through a cross-cultural lens.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	SA.1.1.	Identify how their behavior affects the emotions of others. <u>Rising Star Studios</u> Consideration
INDICATORS OF PROGRESS	SA.1.2.	Demonstrate respect for others' perspectives and point of views. <u>Rising Star Studios</u> Consideration Wisdom
INDICATORS OF PROGRESS	SA.1.3.	Identify verbal, physical or situational cues that indicate how others may feel. <u>Rising Star Studios</u> Consideration
CONTENT STANDARD / DOMAIN	MN.SEL. SA.	Social Awareness Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	SA.2.	Learning Goal 2: Demonstrates awareness and respect of groups and their cultures, languages, identities, traditions, values and histories.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	SA.2.1.	Describe benefits of personal qualities of others and why everyone shouldn't be the same. <u>Rising Star Studios</u> Tolerance Uniqueness
INDICATORS OF PROGRESS	SA.2.3.	Identify contributions of various social and cultural groups. <u>Rising Star Studios</u> Tolerance Uniqueness
CONTENT STANDARD / DOMAIN	MN.SEL. SA.	Social Awareness Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	SA.3.	Learning Goal 3: Demonstrates awareness of how individuals and groups cooperate toward achieving common goals and ideals.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF PROGRESS	SA.3.1.	Work collaboratively with peers to identify, understand and respond to a social need. This work could be a community or school service project. <u>Rising Star Studios</u> Cooperation Helpfulness
INDICATORS OF PROGRESS	SA.3.2.	Describe what they learned about themselves in helping others. <u>Rising Star Studios</u> Bravery Caring Citizenship

		Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
INDICATORS OF PROGRESS	SA.3.3.	Identify and perform tasks that contribute to their school and community. <u>Rising Star Studios</u> Cooperation Helpfulness
CONTENT STANDARD / DOMAIN	MN.SEL.RD.	Responsible Decision-Making Competency
PERFORMANCE INDICATOR / DOMAIN COMPONENT	RD.1.	Learning Goal 1: Considers ethical standards, social and community norms and safety concerns in making decisions.
INDICATORS OF PROGRESS / STRAND		Benchmarks
INDICATORS OF	RD.1.1.	Contribute to school safety by supporting classroom, lunchroom, and

PROGRESS		<p>playground shared norms and rules.</p> <p><u>Rising Star Studios</u> Fairness Obedience</p>
INDICATORS OF PROGRESS	RD.1.2.	<p>Identify ways certain decisions or choices effect short- and long-term goals.</p> <p><u>Rising Star Studios</u> Determination Perseverance</p>