

Main Criteria: Washington State K-12 Learning Standards and Guidelines

Secondary Criteria: Rising Star Studios

Subjects: Health and PE, Language Arts, Social Studies, Social and Emotional Learning

Grades: 3, 4

Correlation Options: Show Correlated

Washington State K-12 Learning Standards and Guidelines

Health and PE

Grade: 3 - Adopted: 2016

EALR	WA.H.3.	Health Education
BIG IDEA / CORE CONTENT	H.W.	Wellness (W)
CORE CONTENT / CONTENT STANDARD	H.W2.	Hygiene
CONTENT STANDARD / PERFORMANCE EXPECTATION	H7.W2.3.	Demonstrate effective hygiene practices. <u>Rising Star Studios</u> Cleanliness Hygiene
EALR	WA.H.3.	Health Education
BIG IDEA / CORE CONTENT	H.Sa.	Safety (Sa)
CORE CONTENT / CONTENT STANDARD	H.Sa1.	Injury Prevention
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.Sa1.3 a.	Identify ways to prevent injuries at home, at school, and in the community. <u>Rising Star Studios</u> Obedience
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.Sa1.3 b.	Create emergency, fire, and safety plans for home. <u>Rising Star Studios</u> Obedience
EALR	WA.H.3.	Health Education
BIG IDEA / CORE CONTENT	H.Se.	Health Education Core Idea: Sexual Health (Se)
CORE CONTENT / CONTENT STANDARD	H.Se6.	Healthy Relationships
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.Se6.3 a.	List characteristics of healthy and unhealthy friendships. <u>Rising Star Studios</u> Consideration Friendliness Friendship Selflessness Tolerance
CONTENT STANDARD / PERFORMANCE EXPECTATION	H4.Se6.3 a.	Identify trusted adults to communicate with about relationships. <u>Rising Star Studios</u> Trustworthiness Wisdom
EALR	WA.H.3.	Health Education
BIG IDEA / CORE CONTENT	H.So.	Health Education Core Idea: Social Emotional Health (So)
CORE CONTENT / CONTENT STANDARD	H.So1.	Self-Esteem
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.So1.3 a.	Define self-esteem. <u>Rising Star Studios</u> Self-Acceptance

CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.So1.3 b.	Identify characteristics of healthy self-esteem. <u>Rising Star Studios</u> Self-Acceptance
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.So1.3 c.	Understand self-esteem can be enhanced by working through challenges. <u>Rising Star Studios</u> Self-Acceptance
EALR	WA.H.3.	Health Education
BIG IDEA / CORE CONTENT	H.So.	Health Education Core Idea: Social Emotional Health (So)
CORE CONTENT / CONTENT STANDARD	H.So4.	Expressing Emotions
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.So4.3 a.	Describe importance of being aware of one's own feelings. <u>Rising Star Studios</u> Joyfulness
EALR	WA.PE.3.	Physical Education
BIG IDEA / CORE CONTENT	PE3.	Students will demonstrate the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
CORE CONTENT / CONTENT STANDARD		Fitness
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE3.5.	Fitness Assessment
PERFORMANCE EXPECTATION	PE3.5.3.	Demonstrate proper form in fitness assessments. <u>Rising Star Studios</u> Self-Control
EALR	WA.PE.3.	Physical Education
BIG IDEA / CORE CONTENT	PE4.	Students will exhibit responsible personal and social behavior that respects self and others.
CORE CONTENT / CONTENT STANDARD	PE4.2.	Rules and Etiquette
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE4.2.3.	Understand role of etiquette in physical activities. <u>Rising Star Studios</u> Cooperation Fairness Obedience Sportsmanship
EALR	WA.PE.3.	Physical Education
BIG IDEA / CORE CONTENT	PE4.	Students will exhibit responsible personal and social behavior that respects self and others.
CORE CONTENT / CONTENT STANDARD	PE4.3.	Receiving and Providing Feedback
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE4.3.3.	Provide feedback respectfully to peers. <u>Rising Star Studios</u> Commitment Consideration Discovering Talent
EALR	WA.PE.3.	Physical Education
BIG IDEA / CORE CONTENT	PE4.	Students will exhibit responsible personal and social behavior that respects self and others.
CORE CONTENT / CONTENT STANDARD	PE4.4.	Working with Others
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE4.4.3a	Demonstrate working cooperatively with others. <u>Rising Star Studios</u> Cooperation

EALR	WA.PE.3.	Physical Education
BIG IDEA / CORE CONTENT	PE4.	Students will exhibit responsible personal and social behavior that respects self and others.
CORE CONTENT / CONTENT STANDARD	PE4.5.	Safety
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE4.5.3.	Apply safety principles in physical activities (with self, with peers, with equipment). <u>Rising Star Studios</u> Obedience

Washington State K-12 Learning Standards and Guidelines

Health and PE

Grade: 4 - Adopted: 2016

EALR	WA.H.4.	Health Education
BIG IDEA / CORE CONTENT	H.W.	Wellness (W)
CORE CONTENT / CONTENT STANDARD	H.W2.	Hygiene
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.W2.4.	Describe personal hygiene needs associated with the onset of puberty. <u>Rising Star Studios</u> Cleanliness Hygiene

EALR	WA.H.4.	Health Education
BIG IDEA / CORE CONTENT	H.Sa.	Safety (Sa)
CORE CONTENT / CONTENT STANDARD	H.Sa1.	Injury Prevention
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.Sa1.4	Identify ways to prevent injuries in recreational activities. <u>Rising Star Studios</u> Obedience
CONTENT STANDARD / PERFORMANCE EXPECTATION	H7.Sa1.4	Describe practices and behaviors that promote safety and reduce or prevent injuries. <u>Rising Star Studios</u> Responsibility

EALR	WA.H.4.	Health Education
BIG IDEA / CORE CONTENT	H.Sa.	Safety (Sa)
CORE CONTENT / CONTENT STANDARD	H.Sa2.	First Aid
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.Sa2.4 a.	Describe how to prepare for an emergency. <u>Rising Star Studios</u> Ready

EALR	WA.H.4.	Health Education
BIG IDEA / CORE CONTENT	H.Se.	Health Education Core Idea: Sexual Health (Se)
CORE CONTENT / CONTENT STANDARD	H.Se5.	Self-Identity
CONTENT STANDARD / PERFORMANCE EXPECTATION	H4.Se5.4	Demonstrate ways to show respect for all people. <u>Rising Star Studios</u> Respect

EALR	WA.H.4.	Health Education
BIG IDEA / CORE CONTENT	H.Se.	Health Education Core Idea: Sexual Health (Se)
CORE CONTENT	H.Se6.	Healthy Relationships

/CONTENT STANDARD		
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.Se6.4	Describe characteristics of healthy friendships and other relationships. <u>Rising Star Studios</u> Consideration Friendliness Friendship Selflessness Tolerance
CONTENT STANDARD / PERFORMANCE EXPECTATION	H2.Se6.4 a.	Explain importance of communicating with trusted adults about relationships. <u>Rising Star Studios</u> Trustworthiness Wisdom
CONTENT STANDARD / PERFORMANCE EXPECTATION	H2.Se6.4 b.	Understand ways family, friends, and peers can have a positive or negative influence on relationships. <u>Rising Star Studios</u> Consideration Friendliness Friendship Selflessness Tolerance
EALR	WA.H.4.	Health Education
BIG IDEA / CORE CONTENT	H.So.	Health Education Core Idea: Social Emotional Health (So)
CORE CONTENT / CONTENT STANDARD	H.So1.	Self-Esteem
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.So1.4 a.	Compare and contrast high and low self-esteem. <u>Rising Star Studios</u> Self-Acceptance
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.So1.4 b.	Understand the connection between self-esteem and healthy decision making. <u>Rising Star Studios</u> Self-Acceptance
EALR	WA.H.4.	Health Education
BIG IDEA / CORE CONTENT	H.So.	Health Education Core Idea: Social Emotional Health (So)
CORE CONTENT / CONTENT STANDARD	H.So4.	Expressing Emotions
CONTENT STANDARD / PERFORMANCE EXPECTATION	H4.So4.4 b.	Understand how to express empathy. <u>Rising Star Studios</u> Joyfulness
EALR	WA.H.4.	Health Education
BIG IDEA / CORE CONTENT	H.So.	Health Education Core Idea: Social Emotional Health (So)
CORE CONTENT / CONTENT STANDARD	H.So5.	Harassment, Intimidation, and Bullying
CONTENT STANDARD / PERFORMANCE EXPECTATION	H1.So5.4	Compare and contrast bullying, teasing, harassment, and intimidation. <u>Rising Star Studios</u> Kindness Peacefulness
EALR	WA.PE.4.	Physical Education
BIG IDEA / CORE CONTENT	PE3.	Students will demonstrate the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
CORE CONTENT / CONTENT STANDARD		Fitness
CONTENT STANDARD / PERFORMANCE	PE3.5.	Fitness Assessment

EXPECTATION		
PERFORMANCE EXPECTATION	PE3.5.4.	Use fitness assessment results to understand personal level of fitness. <u>Rising Star Studios</u> Self-Control
EALR	WA.PE.4.	Physical Education
BIG IDEA / CORE CONTENT	PE4.	Students will exhibit responsible personal and social behavior that respects self and others.
CORE CONTENT / CONTENT STANDARD	PE4.1.	Personal Responsibility
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE4.1.4.	Demonstrate responsible behavior in a variety of physical activity environments. <u>Rising Star Studios</u> Responsibility
EALR	WA.PE.4.	Physical Education
BIG IDEA / CORE CONTENT	PE4.	Students will exhibit responsible personal and social behavior that respects self and others.
CORE CONTENT / CONTENT STANDARD	PE4.2.	Rules and Etiquette
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE4.2.4.	Apply etiquette in physical activities. <u>Rising Star Studios</u> Cooperation Fairness Obedience Sportsmanship
EALR	WA.PE.4.	Physical Education
BIG IDEA / CORE CONTENT	PE4.	Students will exhibit responsible personal and social behavior that respects self and others.
CORE CONTENT / CONTENT STANDARD	PE4.3.	Receiving and Providing Feedback
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE4.3.4.	Demonstrate accepting and implementing feedback from peers. <u>Rising Star Studios</u> Commitment Consideration Discovering Talent
EALR	WA.PE.4.	Physical Education
BIG IDEA / CORE CONTENT	PE4.	Students will exhibit responsible personal and social behavior that respects self and others.
CORE CONTENT / CONTENT STANDARD	PE4.5.	Safety
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE4.5.4.	Apply safety principles in physical activities (with self, with peers, with equipment). <u>Rising Star Studios</u> Obedience
EALR	WA.PE.4.	Physical Education
BIG IDEA / CORE CONTENT	PE5.	Students will recognize the value of physical activity for health, enjoyment, challenge, self-expression, and social interaction.
CORE CONTENT / CONTENT STANDARD	PE5.1.	Challenge
CONTENT STANDARD / PERFORMANCE EXPECTATION	PE5.1.4.	Understand that improving performance in challenging physical activities requires consistent practice. <u>Rising Star Studios</u> Commitment Discovering Talent

Grade: 3 - Adopted: 2011

EALR	WA.RL.3.	Reading Standards for Literature
BIG IDEA / CORE CONTENT		Key Ideas and Details
CORE CONTENT / CONTENT STANDARD	RL.3.2.	<p>Recount stories, including fables, folktales, and myths from diverse cultures; determine the central message, lesson, or moral and explain how it is conveyed through key details in the text.</p> <p><u>Rising Star Studios</u> Helpfulness Initiative Perseverance</p>
CORE CONTENT / CONTENT STANDARD	RL.3.3.	<p>Describe characters in a story (e.g., their traits, motivations, or feelings) and explain how their actions contribute to the sequence of events.</p> <p><u>Rising Star Studios</u> Helpfulness Initiative Perseverance</p>
EALR	WA.RL.3.	Reading Standards for Literature
BIG IDEA / CORE CONTENT		Craft and Structure
CORE CONTENT / CONTENT STANDARD	RL.3.4.	<p>Determine the meaning of words and phrases as they are used in a text, distinguishing literal from nonliteral language.</p> <p><u>Rising Star Studios</u> Honesty</p>
CORE CONTENT / CONTENT STANDARD	RL.3.5.	<p>Refer to parts of stories, dramas, and poems when writing or speaking about a text, using terms such as chapter, scene, and stanza; describe how each successive part builds on earlier sections.</p> <p><u>Rising Star Studios</u> Initiative</p>
EALR	WA.RL.3.	Reading Standards for Literature
BIG IDEA / CORE CONTENT		Range of Reading and Level of Text Complexity
CORE CONTENT / CONTENT STANDARD	RL.3.10.	<p>By the end of the year, read and comprehend literature, including stories, dramas, and poetry, at the high end of the grades 2-3 text complexity band independently and proficiently.</p> <p><u>Rising Star Studios</u> Helpfulness Initiative Perseverance</p>
EALR	WA.RI.3.	Reading Standards for Informational Text
BIG IDEA / CORE CONTENT		Key Ideas and Details
CORE CONTENT / CONTENT STANDARD	RI.3.2.	<p>Determine the main idea of a text; recount the key details and explain how they support the main idea.</p> <p><u>Rising Star Studios</u> Confidence Fairness</p>
EALR	WA.RI.3.	Reading Standards for Informational Text
BIG IDEA / CORE CONTENT		Craft and Structure
CORE CONTENT / CONTENT STANDARD	RI.3.5.	<p>Use text features and search tools (e.g., key words, sidebars, hyperlinks) to locate information relevant to a given topic efficiently.</p> <p><u>Rising Star Studios</u> Confidence</p>
EALR	WA.RI.3.	Reading Standards for Informational Text
BIG IDEA / CORE CONTENT		Integration of Knowledge and Ideas
CORE CONTENT / CONTENT STANDARD	RI.3.7.	<p>Use information gained from illustrations (e.g., maps, photographs) and the words in a text to demonstrate understanding of the text (e.g., where, when, why, and how key events occur).</p>

		<u>Rising Star Studios</u> Consideration Patriotism
EALR	WA.RI.3.	Reading Standards for Informational Text
BIG IDEA / CORE CONTENT		Range of Reading and Level of Text Complexity
CORE CONTENT / CONTENT STANDARD	RI.3.10.	By the end of the year, read and comprehend informational texts, including history/social studies, science, and technical texts, at the high end of the grades 2-3 text complexity band independently and proficiently. <u>Rising Star Studios</u> Confidence Fairness
EALR	WA.RF.3.	Reading Standards: Foundational Skills
BIG IDEA / CORE CONTENT		Fluency
CORE CONTENT / CONTENT STANDARD	RF.3.4.	Read with sufficient accuracy and fluency to support comprehension.
CONTENT STANDARD / PERFORMANCE EXPECTATION	RF.3.4(a)	Read on-level text with purpose and understanding. <u>Rising Star Studios</u> Confidence Fairness Helpfulness Initiative Perseverance
EALR	WA.W.3.	Writing Standards
BIG IDEA / CORE CONTENT		Text Types and Purposes
CORE CONTENT / CONTENT STANDARD	W.3.1.	Write opinion pieces on topics or texts, supporting a point of view with reasons.
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.3.1(a)	Introduce the topic or text they are writing about, state an opinion, and create an organizational structure that lists reasons. <u>Rising Star Studios</u> Punctuality
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.3.1(b)	Provide reasons that support the opinion. <u>Rising Star Studios</u> Punctuality
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.3.1(c)	Use linking words and phrases (e.g., because, therefore, since, for example) to connect opinion and reasons. <u>Rising Star Studios</u> Punctuality
EALR	WA.W.3.	Writing Standards
BIG IDEA / CORE CONTENT		Text Types and Purposes
CORE CONTENT / CONTENT STANDARD	W.3.2.	Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.3.2(a)	Introduce a topic and group related information together; include illustrations when useful to aiding comprehension. <u>Rising Star Studios</u> Cooperation Courtesy Friendship Heroic Self-Discipline Selflessness Sportsmanship Trustworthiness
CONTENT STANDARD / PERFORMANCE	W.3.2(b)	Develop the topic with facts, definitions, and details. <u>Rising Star Studios</u>

EXPECTATION		Bravery Caring Citizenship Consideration Cooperation Courage Courtesy Enthusiasm Fairness Friendliness Friendship Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Peacefulness Self-Acceptance Self-Discipline Selflessness Trustworthiness Uniqueness Willpower
EALR	WA.W.3.	Writing Standards
BIG IDEA / CORE CONTENT		Text Types and Purposes
CORE CONTENT / CONTENT STANDARD	W.3.3.	Write narratives to develop real or imagined experiences or events using effective technique, descriptive details, and clear event sequences.
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.3.3(a)	Establish a situation and introduce a narrator and/or characters; organize an event sequence that unfolds naturally. <u>Rising Star Studios</u> Bravery Cleanliness Confidence Courage Dignity Discovering Talent Forgiveness Goodness Gratefulness Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Control Self-Reliance Sharing Tolerance Truthfulness Uniqueness
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.3.3(b)	Use dialogue and descriptions of actions, thoughts, and feelings to develop experiences and events or show the response of characters to situations. <u>Rising Star Studios</u> Bravery Confidence Courage Discovering Talent Forgiveness Goodness Gratefulness Integrity Loyalty Resourcefulness

		Respect Restraint Self-Reliance Sharing
EALR	WA.W.3.	Writing Standards
BIG IDEA / CORE CONTENT		Production and Distribution of Writing
CORE CONTENT / CONTENT STANDARD	W.3.4.	With guidance and support from adults, produce writing in which the development and organization are appropriate to task and purpose. (Grade-specific expectations for writing types are defined in standards 1-3 above.) <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Confidence Consideration Cooperation Courage Courtesy Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Integrity Kindness Loyalty Obedience Patience Peacefulness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
EALR	WA.W.3.	Writing Standards
BIG IDEA / CORE CONTENT		Research to Build and Present Knowledge
CORE CONTENT / CONTENT STANDARD	W.3.7.	Conduct short research projects that build knowledge about a topic. <u>Rising Star Studios</u> Caring Determination
CORE CONTENT / CONTENT STANDARD	W.3.8.	Recall information from experiences or gather information from print and digital sources; take brief notes on sources and sort evidence into provided categories.

		<u>Rising Star Studios</u> Confidence
EALR	WA.W.3.	Writing Standards
BIG IDEA / CORE CONTENT		Range of Writing
CORE CONTENT / CONTENT STANDARD	W.3.10.	Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of discipline-specific tasks, purposes, and audiences. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Confidence Consideration Courage Courtesy Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Integrity Kindness Loyalty Obedience Patience Peacefulness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
EALR	WA.SL.3.	Speaking and Listening Standards
BIG IDEA / CORE CONTENT		Comprehension and Collaboration
CORE CONTENT / CONTENT STANDARD	SL.3.1.	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly.
CONTENT STANDARD / PERFORMANCE EXPECTATION	SL.3.1(a)	Come to discussions prepared, having read or studied required material; explicitly draw on that preparation and other information known about the topic to explore ideas under discussion. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness

Commitment
 Confidence
 Consideration
 Cooperation
 Courage
 Courtesy
 Decency
 Dependable
 Determination
 Dignity
 Discovering Talent
 Enthusiasm
 Fairness
 Forgiveness
 Friendliness
 Friendship
 Generosity
 Goodness
 Goodwill
 Gratefulness
 Helpfulness
 Heroic
 Honesty
 Hygiene
 Imaginative
 Independence
 Initiative
 Integrity
 Joyfulness
 Kindness
 Loyalty
 Obedience
 Patience
 Patriotism
 Peacefulness
 Perseverance
 Politeness
 Promptness
 Punctuality
 Ready
 Resourcefulness
 Respect
 Responsibility
 Restraint
 Self-Acceptance
 Self-Control
 Self-Discipline
 Self-Reliance
 Selflessness
 Sharing
 Slow To Judge
 Sportsmanship
 Thankfulness
 Tolerance
 Trustworthiness
 Truthfulness
 Uniqueness
 Willpower
 Wisdom

**CONTENT
 STANDARD /
 PERFORMANCE
 EXPECTATION**

SL.3.1(b)

Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion).

Rising Star Studios
 Bravery
 Caring
 Citizenship
 Cleanliness
 Commitment
 Confidence
 Consideration
 Cooperation
 Courage
 Courtesy
 Decency
 Dependable
 Determination
 Dignity

Discovering Talent
 Enthusiasm
 Fairness
 Forgiveness
 Friendliness
 Friendship
 Generosity
 Goodness
 Goodwill
 Gratefulness
 Helpfulness
 Heroic
 Honesty
 Hygiene
 Imaginative
 Independence
 Initiative
 Integrity
 Joyfulness
 Kindness
 Loyalty
 Obedience
 Patience
 Patriotism
 Peacefulness
 Perseverance
 Politeness
 Promptness
 Punctuality
 Ready
 Resourcefulness
 Respect
 Responsibility
 Restraint
 Self-Acceptance
 Self-Control
 Self-Discipline
 Self-Reliance
 Selflessness
 Sharing
 Slow To Judge
 Sportsmanship
 Thankfulness
 Tolerance
 Trustworthiness
 Truthfulness
 Uniqueness
 Willpower
 Wisdom

CONTENT
 STANDARD /
 PERFORMANCE
 EXPECTATION

SL.3.1(c)

Ask questions to check understanding of information presented, stay on topic, and link their comments to the remarks of others.

Rising Star Studios

Bravery
 Caring
 Citizenship
 Cleanliness
 Commitment
 Confidence
 Consideration
 Cooperation
 Courage
 Courtesy
 Decency
 Dependable
 Determination
 Dignity
 Discovering Talent
 Enthusiasm
 Fairness
 Forgiveness
 Friendliness
 Friendship
 Generosity
 Goodness
 Goodwill
 Gratefulness
 Helpfulness

		<p> Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom </p>
<p> CONTENT STANDARD / PERFORMANCE EXPECTATION </p>	<p> SL.3.1(d) </p>	<p> Explain their own ideas and understanding in light of the discussion. </p> <p> <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience </p>

		Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
EALR	WA.SL.3.	Speaking and Listening Standards
BIG IDEA / CORE CONTENT		Comprehension and Collaboration
CORE CONTENT / CONTENT STANDARD	SL.3.2.	Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality

		<p>Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>
<p>CORE CONTENT /CONTENT STANDARD</p>	<p>SL.3.3.</p>	<p>Ask and answer questions about information from a speaker, offering appropriate elaboration and detail.</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing</p>

		<p>Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>
EALR	WA.SL.3.	Speaking and Listening Standards
BIG IDEA / CORE CONTENT		Presentation of Knowledge and Ideas
CORE CONTENT / CONTENT STANDARD	SL.3.4.	<p>Report on a topic or text, tell a story, or recount an experience with appropriate facts and relevant, descriptive details, speaking clearly at an understandable pace.</p> <p><u>Rising Star Studios</u> Friendship Sharing</p>
EALR	WA.L.3.	Language Standards
BIG IDEA / CORE CONTENT		Conventions of Standard English
CORE CONTENT / CONTENT STANDARD	L.3.2.	Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.
CONTENT STANDARD / PERFORMANCE EXPECTATION	L.3.2(e)	<p>Use conventional spelling for high-frequency and other studied words and for adding suffixes to base words (e.g., sitting, smiled, cries, happiness).</p> <p><u>Rising Star Studios</u> Bravery Cleanliness Confidence Consideration Courage Courtesy Dependable Dignity Discovering Talent Forgiveness Friendship Generosity Goodness Gratefulness Heroic Initiative Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness</p>
CONTENT STANDARD / PERFORMANCE EXPECTATION	L.3.2(f)	<p>Use spelling patterns and generalizations (e.g., word families, position-based spellings, syllable patterns, ending rules, meaningful word parts) in writing words.</p> <p><u>Rising Star Studios</u> Bravery</p>

		Cleanliness Confidence Consideration Courage Courtesy Dependable Dignity Discovering Talent Forgiveness Friendship Generosity Goodness Gratefulness Heroic Initiative Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness
EALR	WA.L.3.	Language Standards
BIG IDEA / CORE CONTENT		Vocabulary Acquisition and Use
CORE CONTENT / CONTENT STANDARD	L.3.5.	Demonstrate understanding of word relationships and nuances in word meanings.
CONTENT STANDARD / PERFORMANCE EXPECTATION	L.3.5(a)	Distinguish the literal and nonliteral meanings of words and phrases in context (e.g., take steps). <u>Rising Star Studios</u> Honesty
CONTENT STANDARD / PERFORMANCE EXPECTATION	L.3.5(b)	Identify real-life connections between words and their use (e.g., describe people who are friendly or helpful). <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill

		Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
EALR	WA.L.3.	Language Standards
BIG IDEA / CORE CONTENT		Vocabulary Acquisition and Use
CORE CONTENT / CONTENT STANDARD	L.3.6.	Acquire and use accurately grade-appropriate conversational, general academic, and domain-specific words and phrases, including those that signal spatial and temporal relationships (e.g., After dinner that night we went looking for them). <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene

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 Self-Acceptance
 Self-Control
 Self-Discipline
 Self-Reliance
 Selflessness
 Sharing
 Slow To Judge
 Sportsmanship
 Thankfulness
 Tolerance
 Trustworthiness
 Truthfulness
 Uniqueness
 Willpower
 Wisdom

Washington State K-12 Learning Standards and Guidelines

Language Arts

Grade: 4 - Adopted: 2011

EALR	WA.RL.4.	Reading Standards for Literature
BIG IDEA / CORE CONTENT		Key Ideas and Details
CORE CONTENT / CONTENT STANDARD	RL.4.1.	Refer to details and examples in a text when explaining what the text says explicitly and when drawing inferences from the text. <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
CORE CONTENT / CONTENT STANDARD	RL.4.3.	Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text (e.g., a character's thoughts, words, or actions). <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
EALR	WA.RL.4.	Reading Standards for Literature
BIG IDEA / CORE CONTENT		Craft and Structure
CORE CONTENT / CONTENT STANDARD	RL.4.6.	Compare and contrast the point of view from which different stories are narrated, including the difference between first- and third-person narrations. <u>Rising Star Studios</u> Helpfulness
EALR	WA.RL.4.	Reading Standards for Literature
BIG IDEA / CORE CONTENT		Integration of Knowledge and Ideas
CORE CONTENT / CONTENT STANDARD	RL.4.9.	Compare and contrast the treatment of similar themes and topics (e.g., opposition of good and evil) and patterns of events (e.g., the quest) in stories, myths, and traditional literature from different cultures.

		<u>Rising Star Studios</u> Helpfulness
EALR	WA.RL.4.	Reading Standards for Literature
BIG IDEA / CORE CONTENT		Range of Reading and Level of Text Complexity
CORE CONTENT / CONTENT STANDARD	RL.4.10.	By the end of the year, read and comprehend literature, including stories, dramas, and poetry, in the grades 4-5 text complexity band proficiently, with scaffolding as needed at the high end of the range. <u>Rising Star Studios</u> Helpfulness Initiative Perseverance
EALR	WA.RI.4.	Reading Standards for Informational Text
BIG IDEA / CORE CONTENT		Key Ideas and Details
CORE CONTENT / CONTENT STANDARD	RI.4.1.	Refer to details and examples in a text when explaining what the text says explicitly and when drawing inferences from the text. <u>Rising Star Studios</u> Confidence Fairness
CORE CONTENT / CONTENT STANDARD	RI.4.2.	Determine the main idea of a text and explain how it is supported by key details; summarize the text. <u>Rising Star Studios</u> Confidence Fairness
EALR	WA.RI.4.	Reading Standards for Informational Text
BIG IDEA / CORE CONTENT		Integration of Knowledge and Ideas
CORE CONTENT / CONTENT STANDARD	RI.4.7.	Interpret information presented visually, orally, or quantitatively (e.g., in charts, graphs, diagrams, time lines, animations, or interactive elements on Web pages) and explain how the information contributes to an understanding of the text in which it appears. <u>Rising Star Studios</u> Consideration Patriotism
CORE CONTENT / CONTENT STANDARD	RI.4.8.	Explain how an author uses reasons and evidence to support particular points in a text. <u>Rising Star Studios</u> Confidence Fairness
EALR	WA.RI.4.	Reading Standards for Informational Text
BIG IDEA / CORE CONTENT		Range of Reading and Level of Text Complexity
CORE CONTENT / CONTENT STANDARD	RI.4.10.	By the end of year, read and comprehend informational texts, including history/social studies, science, and technical texts, in the grades 4-5 text complexity band proficiently, with scaffolding as needed at the high end of the range. <u>Rising Star Studios</u> Confidence Fairness
EALR	WA.RF.4.	Reading Standards: Foundational Skills
BIG IDEA / CORE CONTENT		Fluency
CORE CONTENT / CONTENT STANDARD	RF.4.4.	Read with sufficient accuracy and fluency to support comprehension.
CONTENT STANDARD / PERFORMANCE EXPECTATION	RF.4.4(a)	Read on-level text with purpose and understanding. <u>Rising Star Studios</u> Confidence Fairness Helpfulness Initiative

		Perseverance
EALR	WA.W.4.	Writing Standards
BIG IDEA / CORE CONTENT		Text Types and Purposes
CORE CONTENT / CONTENT STANDARD	W.4.1.	Write opinion pieces on topics or texts, supporting a point of view with reasons and information.
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.1(a)	Introduce a topic or text clearly, state an opinion, and create an organizational structure in which related ideas are grouped to support the writer's purpose. <u>Rising Star Studios</u> Punctuality
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.1(b)	Provide reasons that are supported by facts and details. <u>Rising Star Studios</u> Punctuality
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.1(c)	Link opinion and reasons using words and phrases (e.g., for instance, in order to, in addition). <u>Rising Star Studios</u> Punctuality
EALR	WA.W.4.	Writing Standards
BIG IDEA / CORE CONTENT		Text Types and Purposes
CORE CONTENT / CONTENT STANDARD	W.4.2.	Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.2(a)	Introduce a topic clearly and group related information in paragraphs and sections; include formatting (e.g., headings), illustrations, and multimedia when useful to aiding comprehension. <u>Rising Star Studios</u> Cooperation Courtesy Friendship Heroic Self-Discipline Selflessness Trustworthiness
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.2(b)	Develop the topic with facts, definitions, concrete details, quotations, or other information and examples related to the topic. <u>Rising Star Studios</u> Bravery Caring Citizenship Consideration Cooperation Courage Courtesy Enthusiasm Fairness Friendliness Friendship Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Peacefulness Self-Acceptance Self-Discipline Selflessness Trustworthiness Uniqueness Willpower
EALR	WA.W.4.	Writing Standards
BIG IDEA / CORE CONTENT		Text Types and Purposes

CORE CONTENT / CONTENT STANDARD	W.4.3.	Write narratives to develop real or imagined experiences or events using effective technique, descriptive details, and clear event sequences.
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.3(a)	<p>Orient the reader by establishing a situation and introducing a narrator and/or characters; organize an event sequence that unfolds naturally.</p> <p><u>Rising Star Studios</u> Bravery Cleanliness Confidence Courage Dignity Discovering Talent Forgiveness Goodness Gratefulness Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Control Self-Reliance Sharing Tolerance Truthfulness Uniqueness</p>
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.3(b)	<p>Use dialogue and description to develop experiences and events or show the responses of characters to situations.</p> <p><u>Rising Star Studios</u> Bravery Confidence Courage Discovering Talent Forgiveness Goodness Gratefulness Integrity Loyalty Resourcefulness Respect Restraint Self-Reliance Sharing</p>
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.3(e)	<p>Provide a conclusion that follows from the narrated experiences or events.</p> <p><u>Rising Star Studios</u> Bravery Confidence Forgiveness Goodness Resourcefulness Restraint Sharing</p>
EALR	WA.W.4.	Writing Standards
BIG IDEA / CORE CONTENT		Production and Distribution of Writing
CORE CONTENT / CONTENT STANDARD	W.4.4.	<p>Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in standards 1-3 above.)</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Confidence</p>

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EALR	WA.W.4.	Writing Standards
BIG IDEA / CORE CONTENT		Research to Build and Present Knowledge
CORE CONTENT / CONTENT STANDARD	W.4.7.	<p>Conduct short research projects that build knowledge through investigation of different aspects of a topic.</p> <p><u>Rising Star Studios</u> Caring Determination</p>
CORE CONTENT / CONTENT STANDARD	W.4.8.	<p>Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.</p> <p><u>Rising Star Studios</u> Confidence</p>
EALR	WA.W.4.	Writing Standards
BIG IDEA / CORE CONTENT		Research to Build and Present Knowledge
CORE CONTENT / CONTENT STANDARD	W.4.9.	<p>Draw evidence from literary or informational texts to support analysis, reflection, and research.</p>
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.9(a)	<p>Apply grade 4 reading standards to literature (e.g., "Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text [e.g., a character's thoughts, words, or actions].").</p> <p><u>Rising Star Studios</u> Helpfulness Initiative</p>

		Perseverance
CONTENT STANDARD / PERFORMANCE EXPECTATION	W.4.9(b)	Apply grade 4 reading standards to informational texts (e.g., "Explain how an author uses reasons and evidence to support particular points in a text"). <u>Rising Star Studios</u> Confidence Fairness
EALR	WA.W.4.	Writing Standards
BIG IDEA / CORE CONTENT		Range of Writing
CORE CONTENT / CONTENT STANDARD	W.4.10.	Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of discipline-specific tasks, purposes, and audiences. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Confidence Consideration Courage Courtesy Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Heroic Hygiene Independence Initiative Integrity Kindness Loyalty Obedience Patience Peacefulness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
EALR	WA.SL.4.	Speaking and Listening Standards
BIG IDEA / CORE CONTENT		Comprehension and Collaboration
CORE CONTENT / CONTENT STANDARD	SL.4.1.	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.
CONTENT STANDARD / PERFORMANCE	SL.4.1(a)	Come to discussions prepared, having read or studied required material; explicitly draw on that preparation and other information known about the topic to explore ideas under discussion.

<p>EXPECTATION</p>		<p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>
<p>CONTENT STANDARD / PERFORMANCE EXPECTATION</p>	<p>SL.4.1(b)</p>	<p>Follow agreed-upon rules for discussions and carry out assigned roles.</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy</p>

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CONTENT
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 EXPECTATION

SL.4.1(c)

Pose and respond to specific questions to clarify or follow up on information, and make comments that contribute to the discussion and link to the remarks of others.

Rising Star Studios

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CONTENT
 STANDARD /
 PERFORMANCE
 EXPECTATION

SL.4.1(d)

Review the key ideas expressed and explain their own ideas and understanding in light of the discussion.

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		Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
EALR	WA.SL.4.	Speaking and Listening Standards
BIG IDEA / CORE CONTENT		Comprehension and Collaboration
CORE CONTENT / CONTENT STANDARD	SL.4.2.	Paraphrase portions of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism

		<p>Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>
<p>CORE CONTENT / CONTENT STANDARD</p>	<p>SL.4.3.</p>	<p>Identify the reasons and evidence a speaker provides to support particular points.</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance</p>

		Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
EALR	WA.SL.4.	Speaking and Listening Standards
BIG IDEA / CORE CONTENT		Presentation of Knowledge and Ideas
CORE CONTENT / CONTENT STANDARD	SL.4.4.	Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace. <u>Rising Star Studios</u> Friendship Sharing Thankfulness
CORE CONTENT / CONTENT STANDARD	SL.4.6.	Differentiate between contexts that call for formal English (e.g., presenting ideas) and situations where informal discourse is appropriate (e.g., small-group discussion); use formal English when appropriate to task and situation. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect

		Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
EALR	WA.L.4.	Language Standards
BIG IDEA / CORE CONTENT		Conventions of Standard English
CORE CONTENT / CONTENT STANDARD	L.4.2.	Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.
CONTENT STANDARD / PERFORMANCE EXPECTATION	L.4.2(a)	Use correct capitalization. <u>Rising Star Studios</u> Bravery Cleanliness Confidence Consideration Courage Courtesy Dignity Discovering Talent Forgiveness Friendship Generosity Goodness Gratefulness Heroic Initiative Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness
CONTENT STANDARD / PERFORMANCE EXPECTATION	L.4.2(d)	Spell grade-appropriate words correctly, consulting references as needed. <u>Rising Star Studios</u> Bravery Cleanliness Confidence Consideration Courage Courtesy Dependable Dignity Discovering Talent

		Forgiveness Friendship Generosity Goodness Gratefulness Heroic Initiative Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness
EALR	WA.L.4.	Language Standards
BIG IDEA / CORE CONTENT		Knowledge of Language
CORE CONTENT / CONTENT STANDARD	L.4.3.	Use knowledge of language and its conventions when writing, speaking, reading, or listening.
CONTENT STANDARD / PERFORMANCE EXPECTATION	L.4.3(b)	Choose punctuation for effect. <u>Rising Star Studios</u> Bravery Cleanliness Confidence Consideration Courage Courtesy Dignity Discovering Talent Forgiveness Friendship Generosity Goodness Gratefulness Heroic Initiative Integrity Kindness Loyalty Obedience Patience Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Thankfulness Tolerance Trustworthiness Truthfulness

		Uniqueness
CONTENT STANDARD / PERFORMANCE EXPECTATION	L.4.3(c)	<p>Differentiate between contexts that call for formal English (e.g., presenting ideas) and situations where informal discourse is appropriate (e.g., small-group discussion).</p> <p><u>Rising Star Studios</u></p> <p>Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>
EALR	WA.L.4.	Language Standards
BIG IDEA / CORE CONTENT		Vocabulary Acquisition and Use
CORE CONTENT / CONTENT STANDARD	L.4.6.	Acquire and use accurately grade-appropriate general academic and domain-specific words and phrases, including those that signal precise actions, emotions, or states of being (e.g., quizzed, whined, stammered) and that are basic to a particular topic (e.g., wildlife, conservation, and endangered when

discussing animal preservation).

Rising Star Studios

- Bravery
- Caring
- Citizenship
- Cleanliness
- Commitment
- Confidence
- Consideration
- Cooperation
- Courage
- Courtesy
- Decency
- Dependable
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- Self-Reliance
- Selflessness
- Sharing
- Slow To Judge
- Sportsmanship
- Thankfulness
- Tolerance
- Trustworthiness
- Truthfulness
- Uniqueness
- Willpower
- Wisdom

Washington State K-12 Learning Standards and Guidelines

Social Studies

Grade: 3 - Adopted: 2019

EALR		Social Studies Skills
BIG IDEA / CORE CONTENT	SSS2:	Uses inquiry-based research.
CORE CONTENT / CONTENT		Enduring Understanding – Knows how to ask a variety of quality questions and find appropriate materials to find the answers to those questions.

STANDARD		
CONTENT STANDARD / PERFORMANCE EXPECTATION	SSS2.3.2.	Explain how and why compelling questions are important to others (e.g., peers, adults). <u>Rising Star Studios</u> Confidence Determination Willpower
EALR		Social Studies Skills
BIG IDEA / CORE CONTENT	SSS4:	Creates a product that uses social studies content to support a claim and presents the product in a manner that meaningfully communicates with a key audience.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Knows that there are many ways to share ideas and can evaluate evidence and determine best tools to express one’s own knowledge and understanding.
CONTENT STANDARD / PERFORMANCE EXPECTATION	SSS4.3.1	Draw conclusions using clear, specific, and accurate examples in a paper or presentation. <u>Rising Star Studios</u> Confidence Determination Friendship Helpfulness Restraint Willpower
CONTENT STANDARD / PERFORMANCE EXPECTATION	SSS4.3.3	Use distinctions between fact and opinion to determine the credibility of multiple sources. <u>Rising Star Studios</u> Slow To Judge
EALR		Civics
BIG IDEA / CORE CONTENT	C1:	Understands key ideals and principles of the United States, including those in the Declaration of Independence, Constitution, and other foundational documents.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Knows that different communities create rules to promote the common good and individual liberties.
CONTENT STANDARD / PERFORMANCE EXPECTATION	C1.3.1.	Recognize the key ideals of unity and diversity. <u>Rising Star Studios</u> Tolerance Uniqueness
CONTENT STANDARD / PERFORMANCE EXPECTATION	C1.3.2.	Recognize and apply the key ideals of unity and diversity within the context of the community. <u>Rising Star Studios</u> Tolerance Uniqueness
CONTENT STANDARD / PERFORMANCE EXPECTATION	C1.3.4.	Identify core virtues and democratic principles found in classroom and school rules. <u>Rising Star Studios</u> Fairness Obedience
EALR		Civics
BIG IDEA / CORE CONTENT	C2:	Understands the purposes, organization, and function of governments, laws, and political systems.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Recognizes that one has rights and responsibilities as a citizen in one’s own community.
CONTENT STANDARD / PERFORMANCE EXPECTATION	C2.3.3.	Explain the reasons for rules in the home or in school, and compare rules and laws in the local community. <u>Rising Star Studios</u> Fairness Obedience
CONTENT STANDARD / PERFORMANCE	C2.3.4.	Describe ways in which people benefit from and are challenged by working together, including through government, workplaces, voluntary organizations, and families.

EXPECTATION		<u>Rising Star Studios</u> Dependable Responsibility
EALR		Civics
BIG IDEA / CORE CONTENT	C4:	Understands civic involvement.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Understands that when one shows concern for the well-being of one’s classroom, school, and community, one is being “civic minded.”
CONTENT STANDARD / PERFORMANCE EXPECTATION	C4.3.1.	Recognize that civic participation involves being informed about public issues, taking action, and voting in elections. <u>Rising Star Studios</u> Citizenship Patriotism
EALR		History
BIG IDEA / CORE CONTENT	H2:	Understands and analyzes causal factors that have shaped major events in history.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Knows that history is a series of connected events shaped by multiple cause-effect relationships, linking past to present.
CONTENT STANDARD / PERFORMANCE EXPECTATION	H2.3.1.	Demonstrate how contributions made by various cultural and ethnic groups have shaped the history of the community and world. <u>Rising Star Studios</u> Uniqueness

Washington State K-12 Learning Standards and Guidelines

Social Studies

Grade: 4 - Adopted: 2019

EALR		Social Studies Skills
BIG IDEA / CORE CONTENT	SSS2:	Uses inquiry-based research.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Knows how to ask a variety of quality questions and find appropriate materials to find the answers to those questions.
CONTENT STANDARD / PERFORMANCE EXPECTATION	SSS2.4.1	Identify disciplinary concepts and ideas associated with a compelling question or supporting questions that are open to different interpretations. <u>Rising Star Studios</u> Confidence Determination Willpower
CONTENT STANDARD / PERFORMANCE EXPECTATION	SSS2.4.2	Identify the main ideas from a variety of print and non-print texts. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill

		Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
EALR		Social Studies Skills
BIG IDEA / CORE CONTENT	SSS4:	Creates a product that uses social studies content to support a claim and presents the product in a manner that meaningfully communicates with a key audience.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Knows that there are many ways to share ideas and can evaluate evidence and determine best tools to express one’s own knowledge and understanding.
CONTENT STANDARD / PERFORMANCE EXPECTATION	SSS4.4.1	Draw clear, well-reasoned conclusions with explanations that are supported by print and non-print texts in a paper or presentation. <u>Rising Star Studios</u> Confidence Determination Friendship Helpfulness Restraint Willpower
CONTENT STANDARD / PERFORMANCE EXPECTATION	SSS4.4.3	Identify relevant evidence that draws information from multiple sources in response to compelling questions. <u>Rising Star Studios</u> Confidence Determination Willpower
EALR		Civics
BIG IDEA / CORE CONTENT	C1:	Understands key ideals and principles of the United States, including those in the Declaration of Independence, Constitution, and other foundational documents.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Knows that different communities create rules to promote the common good and individual liberties.
CONTENT STANDARD / PERFORMANCE	C1.4.1.	Apply civic virtues and democratic principles within the classroom setting. <u>Rising Star Studios</u>

EXPECTATION		Citizenship Patriotism
EALR		Civics
BIG IDEA / CORE CONTENT	C2:	Understands the purposes, organization, and function of governments, laws, and political systems.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Recognizes that one has rights and responsibilities as a citizen in one’s own community.
CONTENT STANDARD / PERFORMANCE EXPECTATION	C2.4.2.	Describe how and why local, state, and tribal governments make, interpret, and carry out policies, rules, and laws. <u>Rising Star Studios</u> Fairness Obedience
CONTENT STANDARD / PERFORMANCE EXPECTATION	C2.4.3.	Explain how groups of people make rules to create responsibilities and to protect freedoms. <u>Rising Star Studios</u> Fairness Obedience
EALR		Civics
BIG IDEA / CORE CONTENT	C4:	Understands civic involvement.
CORE CONTENT / CONTENT STANDARD		Enduring Understanding – Understands that when one shows concern for the well-being of one’s classroom, school, and community, one is being “civic minded.”
CONTENT STANDARD / PERFORMANCE EXPECTATION	C4.4.1.	Recognize that civic participation involves being informed about public issues, taking action, and voting in elections. <u>Rising Star Studios</u> Citizenship Patriotism

Washington State K-12 Learning Standards and Guidelines
Social and Emotional Learning
Grade: 3 - Adopted: 2020

EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 1.	SELF-AWARENESS – Individuals have the ability to identify their emotions, personal assets, and areas for growth, and potential external resources and supports.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 1A.	Demonstrates awareness and understanding of one’s own emotions and emotions’ influence on behavior.
PERFORMANCE EXPECTATION	1A.1.	With adult assistance, I can recognize, identify, and name my emotions, feelings, and thoughts. <u>Rising Star Studios</u> Consideration
PERFORMANCE EXPECTATION	1A.2.	With adult assistance, I can recognize how different emotions, feelings, and thoughts feel in my body. <u>Rising Star Studios</u> Consideration
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 1.	SELF-AWARENESS – Individuals have the ability to identify their emotions, personal assets, and areas for growth, and potential external resources and supports.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 1B.	Demonstrates awareness of personal and collective identity encompassing strengths, areas for growth, aspirations, and cultural and linguistic assets.

<p>PERFORMANCE EXPECTATION</p>	<p>1B.1.</p>	<p>With adult assistance, I can identify my interests.</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>
<p>PERFORMANCE EXPECTATION</p>	<p>1B.2.</p>	<p>With adult assistance, I can identify what strengths are, and my own strengths.</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage</p>

Courtesy
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 Self-Discipline
 Self-Reliance
 Selflessness
 Sharing
 Slow To Judge
 Sportsmanship
 Thankfulness
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 Uniqueness
 Willpower
 Wisdom

PERFORMANCE EXPECTATION

1B.3.

With adult assistance, I can identify the importance to me of being a member of my cultural group(s).

Rising Star Studios

Bravery
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 Cleanliness
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 Enthusiasm
 Fairness
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 Friendliness
 Friendship

		Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
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EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
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BIG IDEA / CORE CONTENT		Early Elementary
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CORE CONTENT / CONTENT STANDARD	STANDARD 1.	SELF-AWARENESS – Individuals have the ability to identify their emotions, personal assets, and areas for growth, and potential external resources and supports.
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CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 1C.	Demonstrates self-awareness and understanding of external influences—e.g., culture, family, school, and community resources and supports.
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PERFORMANCE EXPECTATION	1C.1.	With adult assistance, I can set my own goals. <u>Rising Star Studios</u> Determination Perseverance
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PERFORMANCE EXPECTATION	1C.2.	With adult assistance, I can identify a safe adult I see as a resource or support outside of my family. <u>Rising Star Studios</u> Independence
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PERFORMANCE EXPECTATION	1C.3.	With adult assistance, I can identify reasons why I may need to seek help from others. <u>Rising Star Studios</u> Independence
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EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
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BIG IDEA / CORE CONTENT		Early Elementary
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CORE CONTENT / CONTENT STANDARD	STANDARD 2.	SELF-MANAGEMENT – Individuals have the ability to regulate emotions, thoughts, and behaviors.
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STANDARD		
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHM ARK 2A.	Demonstrates the skills to manage one's emotions, thoughts, impulses, and stress in constructive ways.
PERFORMANCE EXPECTATION	2A.1.	With adult assistance, I understand that my actions have consequences. <u>Rising Star Studios</u> Consideration
PERFORMANCE EXPECTATION	2A.2.	With adult assistance, I can identify strategies to help me be in control of myself and ask for additional assistance as needed. <u>Rising Star Studios</u> Self-Discipline
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDA RD 3.	SELF-EFFICACY – Individuals have the ability to motivate themselves, persevere, and see themselves as capable.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHM ARK 3A.	Demonstrates the skills to set, monitor, adapt, persevere, achieve, and evaluate goals.
PERFORMANCE EXPECTATION	3A.1.	With adult assistance, I can identify steps to achieve a personal goal or complete a routine task. <u>Rising Star Studios</u> Determination Perseverance
PERFORMANCE EXPECTATION	3A.2.	With adult assistance, I can identify something I have accomplished with practice and effort. <u>Rising Star Studios</u> Discovering Talent
PERFORMANCE EXPECTATION	3A.3.	With adult assistance, I understand how my attitude affects goal achievement. <u>Rising Star Studios</u> Determination Perseverance
PERFORMANCE EXPECTATION	3A.4.	With adult assistance, I can identify personal goals, school goals, and family goals. <u>Rising Star Studios</u> Determination Perseverance
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDA RD 3.	SELF-EFFICACY – Individuals have the ability to motivate themselves, persevere, and see themselves as capable.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHM ARK 3B.	Demonstrates problem-solving skills to engage responsibly in a variety of situations.
PERFORMANCE EXPECTATION	3B.1.	With adult assistance, I can acknowledge there are consequences for my choices and behavior. <u>Rising Star Studios</u> Consideration
PERFORMANCE EXPECTATION	3B.2.	With adult assistance, I can act responsibly while interacting with others who may come from a different background or culture. <u>Rising Star Studios</u> Tolerance Uniqueness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators

BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 3.	SELF-EFFICACY – Individuals have the ability to motivate themselves, persevere, and see themselves as capable.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 3C.	Demonstrate awareness and ability to speak on behalf of personal rights and advocacy.
PERFORMANCE EXPECTATION	3C.1.	<p>With adult assistance, I can understand that I have assets that are valuable to others.</p> <p><u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm Fairness Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom</p>

PERFORMANCE EXPECTATION	3C.3.	With adult assistance, I can determine the difference between caring and harmful relationships. <u>Rising Star Studios</u> Friendship
PERFORMANCE EXPECTATION	3C.4.	With adult assistance, I can accept people have different opinions and perspectives. <u>Rising Star Studios</u> Tolerance Uniqueness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 4.	SOCIAL AWARENESS – Individuals have the ability to take the perspective of and empathize with others from diverse backgrounds and cultures.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 4A.	Demonstrates awareness of other people’s emotions, perspectives, cultures, languages, histories, identities, and abilities.
PERFORMANCE EXPECTATION	4A.1.	With adult assistance, I can identify emotions and perspectives expressed by others. <u>Rising Star Studios</u> Consideration Wisdom
PERFORMANCE EXPECTATION	4A.2.	With adult assistance, I can recognize that people can have different feelings when faced with the same situations. <u>Rising Star Studios</u> Consideration
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 4.	SOCIAL AWARENESS – Individuals have the ability to take the perspective of and empathize with others from diverse backgrounds and cultures.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 4B.	Demonstrates an awareness and respect for similarities and differences among community, cultural, and social groups.
PERFORMANCE EXPECTATION	4B.1.	With adult assistance, I can identify ways that people and groups are similar and different. <u>Rising Star Studios</u> Tolerance Uniqueness
PERFORMANCE EXPECTATION	4B.2.	With adult assistance, I can recognize the value of cultural diversity in the classroom. <u>Rising Star Studios</u> Tolerance Uniqueness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 5.	SOCIAL MANAGEMENT – Individuals have the ability to make safe and constructive choices about personal behavior and social interactions.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 5A.	Demonstrates a range of communication and social skills to interact effectively with others.
PERFORMANCE EXPECTATION	5A.2.	With adult assistance, I can demonstrate the ability to wait, take turns, and share with others. <u>Rising Star Studios</u> Cooperation

		Patience Sharing
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 5.	SOCIAL MANAGEMENT – Individuals have the ability to make safe and constructive choices about personal behavior and social interactions.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 5B.	Demonstrates the ability to identify and take steps to resolve interpersonal conflicts in constructive ways.
PERFORMANCE EXPECTATION	5B.1.	With adult assistance, I can identify situations in which I need a trusted adult to help resolve a conflict. <u>Rising Star Studios</u> Independence
PERFORMANCE EXPECTATION	5B.2.	With adult assistance, I can respond to cues to manage my feelings and emotions during challenging interactions with others. <u>Rising Star Studios</u> Self-Discipline
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 5.	SOCIAL MANAGEMENT – Individuals have the ability to make safe and constructive choices about personal behavior and social interactions.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 5C.	Demonstrates the ability to engage in respectful and healthy relationships with individuals with diverse perspectives, cultures, languages, histories, identities, and abilities.
PERFORMANCE EXPECTATION	5C.1.	With adult assistance, I can identify positive qualities in a friend. <u>Rising Star Studios</u> Selflessness
PERFORMANCE EXPECTATION	5C.3.	With adult assistance, I can name ways I can be a good friend. <u>Rising Star Studios</u> Selflessness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 6.	SOCIAL ENGAGEMENT – Individuals have the ability to consider others and show a desire to contribute to the well-being of the school and community.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 6A.	Demonstrates a sense of school and community responsibility.
PERFORMANCE EXPECTATION	6A.1.	With adult assistance, I can describe how my behavior influences school and community functioning. <u>Rising Star Studios</u> Consideration
PERFORMANCE EXPECTATION	6A.2.	With adult assistance, I can describe how everyone has unique strengths that contribute to their feeling of belonging. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy

Decency
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 Self-Acceptance
 Self-Control
 Self-Discipline
 Self-Reliance
 Selflessness
 Sharing
 Slow To Judge
 Sportsmanship
 Thankfulness
 Tolerance
 Trustworthiness
 Truthfulness
 Uniqueness
 Willpower
 Wisdom

EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 6.	SOCIAL ENGAGEMENT – Individuals have the ability to consider others and show a desire to contribute to the well-being of the school and community.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 6B.	Demonstrates the ability to work with others to set, monitor, adapt, achieve, and evaluate goals.
PERFORMANCE EXPECTATION	6B.2.	With adult assistance, I can identify how members of a diverse community rely on each other. <u>Rising Star Studios</u> Tolerance Uniqueness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Early Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 6.	SOCIAL ENGAGEMENT – Individuals have the ability to consider others and show a desire to contribute to the well-being of the school and community.

STANDARD		
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHM ARK 6C.	Contributes productively to one's school, workplace, and community.
PERFORMANCE EXPECTATION	6C.1.	With adult assistance, I can identify and perform tasks that contribute to the operation of my classroom—e.g., following established rules, taking turns, being mindful of others. <u>Rising Star Studios</u> Cooperation Fairness Obedience Sharing
PERFORMANCE EXPECTATION	6C.2.	With adult assistance, I can identify individual and community rights and responsibilities. <u>Rising Star Studios</u> Citizenship Patriotism Responsibility

Washington State K-12 Learning Standards and Guidelines

Social and Emotional Learning

Grade: 4 - Adopted: 2020

EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDA RD 1.	SELF-AWARENESS – Individuals have the ability to identify their emotions, personal assets, and areas for growth, and potential external resources and supports.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHM ARK 1A.	Demonstrates awareness and understanding of one's own emotions and emotions' influence on behavior.
PERFORMANCE EXPECTATION	1A.1.	I can explain the different intensities of my emotions and feelings. <u>Rising Star Studios</u> Consideration
PERFORMANCE EXPECTATION	1A.2.	I can identify and describe physical symptoms and thoughts related to my emotions and feelings (e.g., hot, shoulders tight). <u>Rising Star Studios</u> Consideration
PERFORMANCE EXPECTATION	1A.3.	I can identify thoughts that are caused by emotions and feelings and how these thoughts affect my actions. <u>Rising Star Studios</u> Consideration
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDA RD 1.	SELF-AWARENESS – Individuals have the ability to identify their emotions, personal assets, and areas for growth, and potential external resources and supports.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHM ARK 1B.	Demonstrates awareness of personal and collective identity encompassing strengths, areas for growth, aspirations, and cultural and linguistic assets.
PERFORMANCE EXPECTATION	1B.1.	I can identify how I use my personal interests and my unique voice to engage with people in my school and community (when supported by adults). <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence

Consideration
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 Self-Discipline
 Self-Reliance
 Selflessness
 Sharing
 Slow To Judge
 Sportsmanship
 Thankfulness
 Tolerance
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 Uniqueness
 Willpower
 Wisdom

PERFORMANCE EXPECTATION

1B.2.

I can identify and explore opportunities to develop personal strengths and assets (including unique cultural and language assets).

Rising Star Studios

Bravery
 Caring
 Citizenship
 Cleanliness
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 Confidence
 Consideration
 Cooperation
 Courage
 Courtesy
 Decency
 Dependable
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 Dignity
 Discovering Talent
 Enthusiasm
 Fairness

		Forgiveness Friendliness Friendship Generosity Goodness Goodwill Gratefulness Helpfulness Heroic Honesty Hygiene Imaginative Independence Initiative Integrity Joyfulness Kindness Loyalty Obedience Patience Patriotism Peacefulness Perseverance Politeness Promptness Punctuality Ready Resourcefulness Respect Responsibility Restraint Self-Acceptance Self-Control Self-Discipline Self-Reliance Selflessness Sharing Slow To Judge Sportsmanship Thankfulness Tolerance Trustworthiness Truthfulness Uniqueness Willpower Wisdom
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EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 1.	SELF-AWARENESS – Individuals have the ability to identify their emotions, personal assets, and areas for growth, and potential external resources and supports.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 1C.	Demonstrates self-awareness and understanding of external influences—e.g., culture, family, school, and community resources and supports.
PERFORMANCE EXPECTATION	1C.1.	I can reflect on feedback from others and find personal satisfaction in meeting my goals. <u>Rising Star Studios</u> Determination Perseverance
PERFORMANCE EXPECTATION	1C.3.	I can identify situations in which I might need to seek adult/peer help, including in emergencies. <u>Rising Star Studios</u> Independence
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 2.	SELF-MANAGEMENT – Individuals have the ability to regulate emotions, thoughts, and behaviors.

CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHM ARK 2A.	Demonstrates the skills to manage one's emotions, thoughts, impulses, and stress in constructive ways.
PERFORMANCE EXPECTATION	2A.2.	I can select and practice specific self-management skills to maintain self-control. <u>Rising Star Studios</u> Self-Control
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDA RD 3.	SELF-EFFICACY – Individuals have the ability to motivate themselves, persevere, and see themselves as capable.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHM ARK 3A.	Demonstrates the skills to set, monitor, adapt, persevere, achieve, and evaluate goals.
PERFORMANCE EXPECTATION	3A.1.	I can learn in the midst of challenges, create a goal, and track progress toward achievement of that goal. <u>Rising Star Studios</u> Determination Perseverance
PERFORMANCE EXPECTATION	3A.2.	I can identify an accomplishment and reflect on the steps I took to get there. <u>Rising Star Studios</u> Determination Perseverance
PERFORMANCE EXPECTATION	3A.3.	I can evaluate how my attitude affects goal achievement. <u>Rising Star Studios</u> Determination Perseverance
PERFORMANCE EXPECTATION	3A.4.	I can identify and plan how to meet personal, school, and family goals in a variety of ways. <u>Rising Star Studios</u> Determination Perseverance
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDA RD 3.	SELF-EFFICACY – Individuals have the ability to motivate themselves, persevere, and see themselves as capable.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHM ARK 3B.	Demonstrates problem-solving skills to engage responsibly in a variety of situations.
PERFORMANCE EXPECTATION	3B.1.	I can identify the connections between behaviors and outcomes and understand that choices are influenced by potential consequences. <u>Rising Star Studios</u> Bravery Caring Citizenship Cleanliness Commitment Confidence Consideration Cooperation Courage Courtesy Decency Dependable Determination Dignity Discovering Talent Enthusiasm

Fairness
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EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 4.	SOCIAL AWARENESS – Individuals have the ability to take the perspective of and empathize with others from diverse backgrounds and cultures.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 4A.	Demonstrates awareness of other people’s emotions, perspectives, cultures, languages, histories, identities, and abilities.
PERFORMANCE EXPECTATION	4A.1.	<p>I can identify verbal, physical, and situational cues that affect how others may feel.</p> <p><u>Rising Star Studios</u> Consideration</p>
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 4.	SOCIAL AWARENESS – Individuals have the ability to take the perspective of and empathize with others from diverse backgrounds and cultures.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 4B.	Demonstrates an awareness and respect for similarities and differences among community, cultural, and social groups.
PERFORMANCE	4B.1.	I can identify how backgrounds can be similar and different and can

EXPECTATION		demonstrate acceptance of differing social beliefs and perspectives. <u>Rising Star Studios</u> Tolerance Uniqueness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 4.	SOCIAL AWARENESS – Individuals have the ability to take the perspective of and empathize with others from diverse backgrounds and cultures.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 4C.	Demonstrates an understanding of the variation within and across cultures.
PERFORMANCE EXPECTATION	4C.2.	I can identify contributions of various social and cultural groups. <u>Rising Star Studios</u> Tolerance Uniqueness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 5.	SOCIAL MANAGEMENT – Individuals have the ability to make safe and constructive choices about personal behavior and social interactions.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 5C.	Demonstrates the ability to engage in respectful and healthy relationships with individuals with diverse perspectives, cultures, languages, histories, identities, and abilities.
PERFORMANCE EXPECTATION	5C.2.	I can identify the value of having relationships with people whose backgrounds and identities are different than my own. <u>Rising Star Studios</u> Tolerance Uniqueness
PERFORMANCE EXPECTATION	5C.3.	I can demonstrate the ability to choose constructive friendships. <u>Rising Star Studios</u> Selflessness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 6.	SOCIAL ENGAGEMENT – Individuals have the ability to consider others and show a desire to contribute to the well-being of the school and community.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 6A.	Demonstrates a sense of school and community responsibility.
PERFORMANCE EXPECTATION	6A.2.	I can identify the existence of bias and stereotyping and relate to people as individuals, rather than representatives of social and cultural groups. <u>Rising Star Studios</u> Tolerance Uniqueness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 6.	SOCIAL ENGAGEMENT – Individuals have the ability to consider others and show a desire to contribute to the well-being of the school and community.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 6B.	Demonstrates the ability to work with others to set, monitor, adapt, achieve, and evaluate goals.
PERFORMANCE EXPECTATION	6B.1.	I can demonstrate appreciation for differences and practice inclusiveness in group interactions.

		<u>Rising Star Studios</u> Tolerance Uniqueness
EALR		Social Emotional Learning Standards, Benchmarks, and Indicators
BIG IDEA / CORE CONTENT		Late Elementary
CORE CONTENT / CONTENT STANDARD	STANDARD 6.	SOCIAL ENGAGEMENT – Individuals have the ability to consider others and show a desire to contribute to the well-being of the school and community.
CONTENT STANDARD / PERFORMANCE EXPECTATION	BENCHMARK 6C.	Contributes productively to one's school, workplace, and community.
PERFORMANCE EXPECTATION	6C.2.	I can demonstrate respectful interactions in school while being responsive to the rights of others. <u>Rising Star Studios</u> Respect